






Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 	cereal milk	french toast milk	biscuit & jelly milk	oatmeal with brown sugar milk	cereal bar milk
Snack 	pudding & vanilla wafers water	fresh fruit milk	cheese & crackers water	animal crackers milk	cheesy breadsticks water
Lunch 	grilled chicken green beans fruit milk	mac & beef salad fruit milk	hamburger potato chips fruit milk	pancakes turkey sausage fruit milk	turkey dogs corn fruit milk
Snack 	graham crackers & raisins water	cheeze-its juice	yogurt & fruit water	goldfish juice	string cheese & crackers water

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